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[After four weeks, the average weight loss is around 2% of body weight; after eight weeks, it's over 4%.](#) Mounjaro (tirzepatide) shows

almost immediate weight loss. [How quickly do you lose weight on Mounjaro? - Second Nature](#)

However, many people begin losing weight way earlier, typically within a few weeks of starting the injections, because they notice an immediate reduction in appetite. Others may require higher doses to see these effects. One study showed an average of 6% weight loss after 2 months.

[How Quickly Does Mounjaro Work?](#)

A history of Texas Hold'em: from its origins in the state of Texas, where it was popularized in the 1930s, to its current status as a global phenomenon.